
SYLLABUS

I. PURPOSE:

To work together (in a hands on fashion) with difficult personal issues. To become more effective and loving in our involvements. The intervention of theory and skills into the CE's world.

Learn case management such as:

- How to use the first session
- Beginning and concluding subsequent sessions
- Processing here and now
- History analysis

Learning to develop freedom as you enter into different cases/situations in another person's life, intending to develop a sense of relevant movement with them.

II. PROCEDURE:

The primary focus of this group will be to attend to (study and nurture) the relationship between a CR and a CE on a regular basis. Some of the sessions will be live, in class sessions. Because we as a group are so important in this process, the secondary focus will be the group dynamic. Involvement, openness and commitment to every member is vital to the effective ministry of our group. Relevant and insightful feedback to each person is key to development as a CR and ultimately as a person of God.

III. PRELIMINARY COMMITMENTS

A. Confidentiality:

A personal commitment must be made at the outset to preserve the privacy and dignity of every group member. This is to ensure a safe environment where people are safe to surface and address real issues in their lives. Because of the paramount importance of this issue, any breach of confidence may result in dismissal from the counselling program.

- B. Personal Privacy:
Is ensured, that is, every group member is free to interrupt counselling at any point and withhold any personal information they choose. Although we encourage substantial self-exploration and self-disclosure we do not require it. This must be a freely made choice for every individual.
- C. Personal Vulnerability:
That is, to ask and search out with integrity who you really are, what are some of the core issues and patterns (themes) in your life and how do you impact others? To face the fear of exposure and being known. In other words, what does the model say about your life? A willingness to see the Alog@ (depravity) in your own eye, and also a willingness to own your strengths and to discover and own the dignity of being an Image Bearer. AGod has made man upright, but man seeks out many devices@ (Eccl. 7:29).

IV. COURSE TASKS:

- A. Text: *Man's Search for Meaning* by Victor Frankl
- B. DVDs:
- "What to Do with Childhood Events" by Dan Allender
- "Processing: The Crucial Use of Here and Now" by Larry Crabb
- "Freedom" by Larry Crabb
- a) Write one paragraph about each of the seven counselling skills in your own words. This paragraph should say what you think the skill is about.
- b) Regular one-hour sessions with a student CE. The time block for these sessions is 60 minutes, but the actual in-session time will be 50-55 minutes. This time frame is both for case management and because other students will be needing the counselling room for their sessions.
- Video your sessions.
- All sessions are to be critiqued according to the guidelines and critique forms given to you in class. The critique for morning sessions should be handed in by 4:30 p.m. The critique for afternoon sessions should be handed in by 7:00 p.m. (Case management requires write-ups before the next session.)
- c) Meet with your instructor/assistant on a regular basis (6-8 times) during the course). The last time will be an evaluation.

- d) Be a CE for 8-10 sessions.
- e) Be a CR for 8-10 sessions.

Do a genogram of your CE. Begin this by the second session. Use the genogram during your sessions, as applicable, to collect more information and to understand your CE's relationships and relational styles.

V. COURSE ASSESSMENT (GRADING):

This practicum focuses largely on process and movement of a subjective and personal nature. Letter or number grades for the completion of a certain exercise or assignment are not as valuable or helpful in this process. The system we will use is a Pass/Fail system. (Fail generally means we would like to see you stay involved in this level of practicum for another time before moving on or graduating.) Rather than getting a grade on your assignments, you will get comments interacting with you as a CR and a person. During this practicum the instructor and/or assistant will be focusing more on your presence and intuition, wanting to nurture and develop with you a willingness and ability to critique and interact reflectively (after the session) about yourself in relationship to specific individuals, issues and events.

At the end the course all that has happened during this period will be discussed with you specifically and a Pass/Fail grade will be given to you and put on your record. You will know where you are at in your own movement as a CR and a person by:

1. Your own assessment of yourself;
2. Your involvement in class via student feedback; and
3. Assistant and/or instructor response both written and verbal, one on one.

VI. CLASS DATES: