

SYLLABUS

I. Content

This course will study the ways and methods to help develop relationships between the counselor and counsellee. Encouragement and relationships are important in the counselling process. Additionally, learning the proper use of encouragement will improve all interpersonal relationships in the family, church and community.

II. Purpose

- A To develop a biblical view on interpersonal relationships.
- B To develop more of an understanding why interpersonal relationships are often empty, meaningless and even hurtful.
- C To develop a better understanding of the power of encouragement in interpersonal relationships.
- D To discover more ways to use the power of encouragement in the counselling process.
- E To develop an understanding how encouragement can enrich family and church life.

III. Course Text

Encouragement: The Unexpected Power of Building Others Up by Larry Crabb and Dan Allender (or earlier edition: *Encouragement: Key to Caring*)

The text can be purchased or borrowed.

IV. Course Requirements

- A. Watch all the DVD lectures by Dr. Larry Crabb. 40%
- B. As you watch the DVDs, complete the workbook lesson that matches the lecture. 50%
- C. After watching the DVDs and reading the text, write a 1 to 2 page paper on how you can use more encouragement to improve your interpersonal relationships in your family, church, and community. Be specific in each of the three areas.

NOTE: This assignment is **not** a book report/response. The assignment is a personal reflection of how God is calling you to apply what you have learned to your relationships. 10%

DVDs can be borrowed. The completed workbook and final paper will be sent to your course coordinator for response, then returned to you.

V. Class Dates: The dates are each student's choice.

VI. Class Times: The times are each student's choice.

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