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# SYLLABUS

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## **I. Content**

This course is designed to study the various types of abuse including sexual, physical, verbal and emotional abuse. Special emphasis will be given to the counselling issues relevant to adults who were abused as children. Biblical counsellors should be able to identify significant abuse indicators, understand the dynamics of abuse, and understand how to provide a caring and healing ministry.

## **II. Purpose**

This course will provide a foundation for understanding counselling issues related to:

- A. Key concepts about abuse
- B. Sexual abuse
- C. Sexual perpetration
- D. Child sexual abuse
- E. A biblical perspective of overcoming the effects of abuse

## **III. Course texts**

- A. *When Trust Is Lost* by Dr. Dan Allender and workbook
- B. *Hope for the Hurting* by Howard Jolly
- C. *A Door of Hope* by Jan Frank
- D. *The Wounded Heart* book and workbook by Dr. Dan Allender

#### IV. Course Requirements

##### A. Texts

1. Read *When Trust Is Lost* and fill out the workbook. Give workbook to professor when complete for correction. It will be returned to you. 5%
2. Familiarize yourself with *Hope for the Hurting*. Inform professor when completed. 5%
3. Read the book or listen to the tape *A Door of Hope*. Write a 1/2 page summary. Give to professor to check and return. 5%
4. Familiarize yourself with *The Wounded Heart* book and workbook. Write a 1/2 page paper how you could use this book and workbook. 5%

B. Attend all lectures, take notes, and participate in discussions. 60%

C. Write your personal story (2-5 pages) of your abuse (small “a” or large “A” abuse). Apply the IBC model as possible (see page 45 in the manual).

Note: Someone of the same gender will respond to this assignment.

1. The abuse proper
2. The damage proper
3. The results to your life
4. How the abuse affected your interpersonal relationships
5. Your healing journey
6. The forgiveness process
7. Relate anything about how you feel about personal confrontation 20%

V. Class Dates:

VI. Class Times: